

10:00 a.m. – BAS Holy Eucharist **Lay Minister:** Stephen Hamlin

Opening Hymn – Let us Build a House

Gathering of the Community
Gloria

Collect of the Day: Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The Proclamation of the Word:

Deuteronomy 30: 15-20 (John Greer)

Psalms 119: 1-8

1 Corinthians 3: 1-9 (Elaine MacInnis)

Gradual Hymn – Come Thou Fount of Every Blessing

Gospel: Matthew 5: 21-37 (Stephen Hamlin)

Homily – Cory Lunn

The Nicene Creed

The Prayers of the People

Confession and Absolution

The Peace

Offering Hymn – Together We Serve

Prayer over the Gifts: Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord. **Amen**

Celebration of the Eucharist #2

Sanctus

The Lord's Prayer

Breaking of Bread #6

Lamb of God

The Communion

Communion Hymn – Before I Take the Body of My Lord

Ablution Hymn – God Give Us Peace that Lasts

Prayer after Communion

Doxology

Blessing

Children's Hymn – Jesus Put This Song into our Hearts

Closing Hymn – Christ is Made the Sure Foundation

Dismissal

May the Lord

Chancel Guild: Sylvia Jeffery, Lynn Rawlinson, Debbie McNutt, Carol Adams

Greeters: Placide Chiasson, Bob & Carol Adams, Neil Harris, Bill Canning, Murray MacCormick, Bill & Judy Wesley

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| In lieu of altar flowers, a donation has been made to the glory of God and in loving memory of George and Abbie Hamlin from Stephen. |
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ANNOUNCEMENTS:

Tuesday, Feb. 14th – 12:15 p.m. Noontime Prayer (Chancel)

Wednesday, Feb. 15th – 1:00 p.m. Finance Committee

6:30 p.m. Choir

Friday, Feb. 17th – 10:00 a.m. Meditation

11:00 a.m. Lectionary Bible Study

Saturday, Feb. 18th – 3:00 – 5:00 p.m. Community Dinner

Next Sunday, February 19th – Last Sunday after Epiphany

10:00 a.m. Holy Eucharist BAS

1:00 p.m. Annual General Meeting – Upper Hall

Bookworms and Church Mice will meet **TODAY** after worship. The book for discussion is The Things We Keep by Sally Hepworth.

Next Sunday, February 19th at 1:00 we will hold our **Annual General Meeting** in the upper hall. This year we are returning to an in-person only meeting. We will try to be conscious of physical distancing in the hall and remind you that wearing a mask is encouraged. We encourage all members of the parish to come and take your share in this yearly "taking of stock" for the church.

Continuing Covid precautions: Masking is still recommended. Be mindful of physical distance. Offering remains in the centre aisle. Hands free gesture of peace. Eucharist by a drop of wine on the wafer. Spacing by greeters in the centre aisle (abiding by the marks on the floor) at Communion. Chair area at the back for greater distance.

Our **mitten tree** is up for the season. We appreciate your donations of hand knitted or purchased mittens, hats and scarves for the local schools.

Sunday School Update: We are planning to have Sunday School every second week for the winter months, except where Holiday or March Break interrupts the schedule. Sunday School will take place on the following weeks to the end of March: February 12, February 26 and March 26.

Our **Baby Needs 2023 Drive** for the Colchester Food Bank takes place from **February 5th - March 5th**. Donations of food, clothing and other essentials for babies and toddlers will be received in the Red Food Cart on Sundays, dropped at the parish office, or dropped off every Tuesday from 1:30 – 2:30 p.m. at the link door. There will be two members of the Chancel Guild to accept donations. Thank you for your support of this initiative of your Chancel Guild. For more info speak to Maria Murphy or Prue Hansen.

Coldest Night of the Year walk to raise funds for Hub House, our local homeless shelter, returns in person this year on the evening of **Saturday, February 25th**! Our team so far consists of Rev. Lori, Ina Major, Natasha Bejarano, Tom Rudolph, Joan Best and Lynn Rawlinson. You can sponsor any of these folks and make a donation toward the support of Hub House. Others are still welcome to join the walking team!

Ash Wednesday this year is **February 22nd**, kicking off the season of Lent. We will hold two services on that day: at **12:00 noon (said service)** and **7:00 p.m. (with music)**. The evening service will be live streamed. Both will be services of Holy Eucharist with imposition of ashes for those who wish them. We also will provide **Ashes to Go** at 8:30 a.m. on the corner of Inglis and Prince Streets for folks on their way to work or school. We invite you to join us at one of those times to begin your Lenten journey with ashes and prayer.



Lent Series: Ash Wednesday this year is February 22nd, kicking off the season of Lent. Our Lenten series this year is called “Ask.” From the intro: ***A lot of times, when people encounter a big question in their life of faith, it can feel isolating. Forbidden, even. Do-not-go-there territory. But what if faith requires us to ask questions? What if we need questions to survive and grow as a community of faith? You want to go there, don’t you? You want to believe dialogue with God, relationship with God, requires questions. Well, guess what? You’re in good company. “Ask” is a Lenten series for anyone who’s ever had a question about their faith.*** There are three ways to be involved in “Ask.”

1. Sign up for our **emailed daily devotions**. Every morning you will receive a short devotion with a question to ponder for the day straight to your in-box. The emails begin on Ash Wednesday (Feb 22). Email Rev. Lori at lramseyis@gmail.com to sign up.
2. Join us on Thursday evenings at 7:00 p.m. in the chancel for weekday **Evening Prayer** with a discussion time. We’ll ponder one of the big questions raised by the past Sunday’s gospel each week. The sessions begin on Thursday, March 2nd. All are welcome.
3. Think about your faith questions and place them in our **Question Jar**. We’ll attempt to answer one randomly drawn question every Sunday after the morning announcements. (Remember that some questions aren’t meant to have answers!) Rev Lori will also spend ½ hour each Sunday after the worship for an informal time to talk about the questions raised for us during the week.

Other Lenten Disciplines: On the first Sunday of Lent (February 26th) we'll be distributing **Lent 2.0 bags** to everyone in attendance. These bags contain an object and a series of prompts and questions for each Sunday in the Lenten season. We hope they will help your Lenten reflections.

Lent Madness: Again this year, we will be sponsoring **Lent Madness** in the parish. This fun and simple Lenten Devotion pits saints against each other head-to-head in a race to see who will win the Golden Halo. You can sign up to have Lent Madness in your inbox each morning by going to www.lentmadness.org and entering your email in the subscribe box. Then enjoy the learning each day and check out other parishioners' votes. Track our progress toward the Halo on the church Lent Madness poster. And have some holy fun!

Food Table: Your Pastoral Ministry Committee is experimenting with a food table at the monthly community dinners. This would be a free table from which people could choose food to take home with them. We plan to begin providing this table at the March Community Dinner, for which St. John's is responsible. We're asking if you could pick up some food when you grocery shop, drop it in the bin provided at the back of the church, and we'll take care of the rest. Some suggested items are: peanut butter, pasta, granola bars, soup, beans, cereal, rice, fruit cups, toiletries, and sanitary supplies. Thank you!

Looking Ahead (mark your calendars):

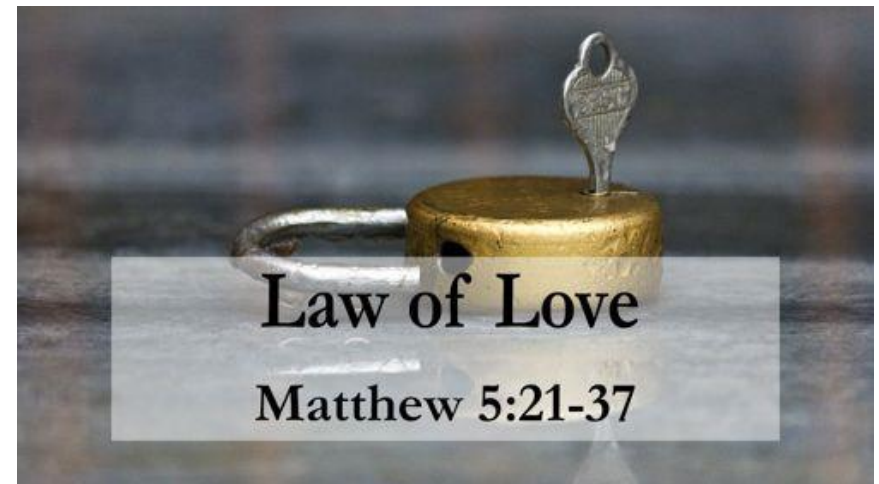
Sunday, April 30th – Sung Evening Prayer by our choir.

Saturday, May 6th – Spring Retreat at Whispering Spirits in Hodson



Sixth Sunday after Epiphany

February 12th, 2023



Rector: Rev'd Lori Ramsey

†
Wardens: Elaine MacInnis and Jason Reynolds

PLEASE TAKE THIS LEAFLET HOME FOR FUTURE REFERENCE