

10:00 a.m. – BAS Morning Prayer **Lay Minister:** Kim Benedict

Introit – Come Thou Long Expected Coffee

Opening Hymn – God Whose Almighty Word

Gathering of the Community

Gloria

Collect of the Day: Merciful Lord, grant to your people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The Proclamation of the Word: Isaiah 58: 1-9a (Joan MacDonald)
Psalm 112: 1-9
1 Corinthians 2: 1-12 (Leona Hunt)
Gradual Hymn – Seek Ye First
Gospel: Matthew 5: 13-20 (Jeff Hunt)

Homily – Natasha Bejarano

The Nicene Creed

The Prayers of the People

Confession and Absolution

The Peace

Bursary Presentation – Natasha Bejarano

Offering Hymn – The Kingdom Song

Prayer over the Gifts: God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **Amen**

Celebration of the Eucharist #1

Sanctus

The Lord's Prayer

Breaking of Bread #6

Lamb of God

The Communion

Communion Hymn – Bread of Life

Ablution Hymn – Lord, Whose Love in Humble Service

Prayer after Communion

Doxology

Blessing

Children's Hymn – Jesus Put This Song into our Hearts

Closing Hymn – Go Make a Difference

Dismissal

Let There Be Love

Chancel Guild: Sylvia Jeffery, Lynn Rawlinson, Debbie McNutt, Carol Adams

Greeters: Placide Chiasson, Bob & Carol Adams, Neil Harris, Bill Canning, Murray MacCormick, Bill & Judy Wesley

In lieu of altar flowers, a donation has been made to the glory of God and in loving memory of John Coldwell from Ruth Ann.

ANNOUNCEMENTS:

Tuesday, Feb. 7th – 12:15 p.m. Noontime Prayer (Chancel)

7:00 p.m. Spiritual Development

Wednesday, Feb. 8th – 6:30 p.m. Choir

Friday, Feb. 10th – 10:00 a.m. Meditation

11:00 a.m. Lectionary Bible Study

Next Sunday, February 12th – Sixth Sunday after Epiphany

10:00 a.m. Holy Eucharist BAS

Today we present **Natasha Bejarano** with a bursary from the Anglican Church Women Diocesan Board's Anniversary Bursary Fund. This fund helps female theological students with their studies. Natasha is one of five recipients for 2022-2023.

Bookworms and Church Mice will meet **next Sunday** after worship. The book for discussion is The Things We Keep by Sally Hepworth.

Our **mitten tree** is up for the season. We appreciate your donations of hand knitted or purchased mittens, hats and scarves for the local schools.

Continuing Covid precautions: Masking is still recommended. Be mindful of physical distance. Offering remains in the centre aisle. Hands free gesture of peace. Eucharist by a drop of wine on the wafer. Spacing by greeters in the centre aisle (abiding by the marks on the floor) at Communion. Chair area at the back for greater distance.

TODAY is this year's celebration of **World Inter-Faith Harmony Week** presented by the Cobequid Inter-Faith Council. This Inter-Faith Coffeehouse will feature expressions of faith from Truro's varied faith communities, including music, poetry and time for conversation and sharing. The event takes place at the Truro Fire Hall (165 Victoria St.) from 1:00 – 3:00 p.m. Refreshments will be served and all are welcome to drop in and learn about the rich variety of faiths in our local area.

Our parish **Annual Meeting** is scheduled for **February 19th, 2023**.

Sunday School Update: We are planning to have Sunday School every second week for the winter months, except where Holiday or March Break interrupts the schedule. Sunday School will take place on the following weeks to the end of March: February 12, February 26 and March 26.

Our **Baby Needs 2023 Drive** for the Colchester Food Bank takes place from **Feb 5th - Mar 5th**. Donations of food, clothing and other essentials for babies and toddlers will be received in the Red Food Cart on Sundays, dropped at the parish office, or dropped off every Tuesday from 1:30 – 2:30 p.m. at the link door. There will be two members of the Chancel Guild to accept donations. Thank you for your support of this initiative of your Chancel Guild. For more info speak to Maria Murphy or Prue Hansen.

Coldest Night of the Year walk to raise funds for Hub House, our local homeless shelter, returns in person this year on the evening of **Saturday, Feb 25th**! We are gauging interest in creating a St. John's team as we have in the past. Please speak to Rev. Lori asap if you would like to walk with us.



Lent Series: Our Lenten series this year is called "Ask." From the intro: A lot of times, when people encounter a big question in their life of faith, it can feel isolating. Forbidden, even. Do-not-go-there territory. But what if faith requires us to ask questions? What if we

need questions to survive and grow as a community of faith? You want to go there, don't you? You want to believe dialogue with God, relationship with God, requires questions. Well, guess what? You're in good company. "Ask" is a Lenten series for anyone who's ever had a question about their faith. Stay tuned for more information about how you can be involved with Ask!

Ash Wednesday this year is **February 22nd**, kicking off the season of Lent. We will hold two services on that day: at **12:00 noon (said service)** and **7:00 p.m. (with music)**. The evening service will be live streamed. Both will be services of Holy Eucharist with imposition of ashes for those who wish them. We also will provide **Ashes to Go** at 8:30 a.m. on the corner of Inglis and Prince Streets for folks on their way to work or school. We invite you to join us at one of those times to begin your Lenten journey with ashes and prayer.

Looking Ahead (mark your calendars): Sunday, April 30th – Sung Evening Prayer by our choir. Saturday, May 6th – Spring Retreat at Whispering Spirits in Hodson



Fifth Sunday after Epiphany

February 5th, 2023



Rector: Rev'd Lori Ramsey

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Wardens: Elaine MacInnis and Jason Reynolds

PLEASE TAKE THIS LEAFLET HOME FOR FUTURE REFERENCE