

8:00 Holy Communion (BCP) Licensed Lay Minister: Leona Hunt

10:00 Holy Eucharist (BAS) Licensed Lay Minister: Leona Hunt

Opening Hymn 398 (CP) – Let Us with a Gladsome Mind

Gathering of the Community p. 185

Trisagion p. 187

Collect of the Day: Gracious Father, whose blessed Son Jesus Christ came from heaven to be the true bread which gives life to the world, evermore give us this bread, that he may live in us, and we in him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The Proclamation of the Word:

Numbers 21: 4-9 (Jon Muers)

Psalms 107: 1-3, 17-22

Ephesians 2: 1-10 (Jacquie Muers)

Gradual Hymn (printed) – Joyous Light

Gospel: John 3: 14-21 (Kim Benedict)

Homily – Cory Lunn

Apostles Creed p. 189

Prayers of the People p. 190

Confession and Absolution p. 191

The Peace p. 192

Offering Hymn 601 (CP) – God, Whose Giving Knows No Ending

Prayer over the Gifts: God of mercy and compassion, your Word calls us home to faith and love. Accept all we offer you this day, in the name of Jesus Christ the Lord. **Amen**

Celebration of the Eucharist

Sanctus

The Lord's Prayer p. 211

Breaking of the Bread #7 p. 213

Lamb of God, you take away the sin of the world: have mercy on us
Lamb of God, you take away the sin of the world: have mercy on us
Lamb of God, you take away the sin of the world: grant us peace

Communion Hymn 72 (CP) – Bread of Heaven, on Thee We Feed

Ablutions Hymn (printed) – O Lord, Hear My Prayer

Prayer after Communion: Giver of life, you enlighten all who come into the world. Fill our hearts with the splendour of your grace, that we may perfectly love you and worthily praise your holy name, through Jesus Christ the Lord. **Amen**

Doxology p. 214

Children's Hymn (printed) – Jesus Loves Me

Blessing

Closing Hymn 565 (CP) – Guide Me, O Thou Great Jehovah

Dismissal

Let There be Love (printed)

Joyous Light

Joyous light of heav'nly glory,
loving glow of God's own face,
You who sing creation's story,
shine on every land and race.
Now we gather with each other,
and we raise our songs to you,
God of daybreak, God of shadows,
come and light our hearts anew.

In the stars that grace the darkness,
in the blazing sun of dawn,
In the light of peace and wisdom,
we can hear your quiet song.
Love that fills the night with wonder,
love that warms the weary soul,
Love that bursts all chains asunder,
set us free and make us whole.

You who made the heaven's splendor,
every dancing star of night,
Make us shine with gentle justice,

let us each reflect your light.
Mighty God of all creation,
gentle Christ who lights our way,
Loving Spirit of salvation,
lead us on to endless day.

O Lord Hear My Prayer

O Lord, hear my prayer
O Lord, hear my prayer
When I call, answer me
O Lord, hear my prayer
O Lord, hear my prayer
Come and listen to me

The Lord is my song,
The Lord is my praise
All my hope comes from God
The Lord is my song,
The Lord is my praise
God, the wellspring of life

O Lord, hear my prayer,
O Lord, hear my prayer
When I call, answer me
O Lord, hear my prayer,
O Lord, hear my prayer
Come and listen to me

Jesus Loves Me

Jesus loves me, this I know and the Bible tells me so;
little ones to him belong, in his love we shall be strong

**Yes, Jesus loves me,
Yes, Jesus loves me,
Yes, Jesus loves me,
the Bible tells me so.**

Jesus loves me, this I know, as he loved so long ago,
taking children on his knee, saying, "Let them come to me."

**Yes, Jesus loves me,
Yes, Jesus loves me,
Yes, Jesus loves me,
the Bible tells me so.**

Let There Be Love

Let there be love shared among us
Let there be love in our eyes
May now Your love sweep all nations
Cause us O Lord to arise.
Give us a fresh understanding
Of brotherly love that is real
Let there be love shared among us

Women: Let there be love

Men join: Let there be love

In lieu of altar flowers, a donation has been made to the glory of God
and in loving memory of my husband Doug and son Scott from Faye
Kennedy.

ANNOUNCEMENTS:

Tuesday, Mar. 12th – Property Committee 7:00 p.m.

Wednesday, Mar. 13th – Finance Committee 1:00 p.m.

Choir 6:30 p.m.

Thursday, Mar. 14th – Lenten Program 7:00 p.m.

Friday, Mar. 15th – Meditation 10:00 a.m.

Lectionary Bible Study 11:00 a.m.

Saturday, Mar. 16th – Community Dinner 3:00 – 5:00 p.m.

Next Sunday, Mar. 17th – Lent 5 10:00 a.m. Holy Eucharist BAS

Chancel Guild: Prue Hansen, Diane MacLeod, Judy Rose, Joan
MacDonald

Greeters: Placide Chiasson, Bob & Carol Adams, Neil Harris, Robin Phillips

Again this year the Chancel Guild sponsored a **Baby Needs Drive** which ran for the month of February and the first Sunday of March. As a result, we were happy to deliver to the Colchester Food Bank 85 pounds of baby food, clothing, diapers, soaps and lotions, as well as \$40 in cash from the ongoing book sale and \$40 in cash donations from parishioners. We wish to extend our SINCERE THANKS to all who contributed to this important cause! Maria Murphy and Prue Hansen.

Common Cup: As part of our cautionary approach in dealing with Covid 19 and other communicable illness, we continue to offer two options for the receiving of communion wine: the common cup and a second cup from which a medicine dropper is used to place wine upon the host. You are invited to make the choice that is best for you and cross to the appropriate chalice after receiving the host. **Note:** Dipping of the wafer (intinction) is not permitted in the common cup.

Sunday School dates for the winter/spring term: Mar. 24th, Apr. 14th, Apr. 28th, May 12th, May 26th.

Lent has arrived! Again we will have several resources to help you observe the season. An at home online devotion called **Seeds of Joy** will be available for daily reflection and prayer. Sign up now by contacting Rev. Lori to be added to the email list. Do you have musings or questions about your faith? Our Thursday evening Lenten program this year will be **"Big Ideas!"** – a weekly conversation about some of the spiritual things that can fascinate and frustrate us. (Runs Thursday, February 22nd to Thursday, March 21st at 7:00 p.m. in the sanctuary of the church). **The big idea for this week is: HEAVEN & HELL.** As always, **Lent Madness** will take us on a daily journey with the saints of the past and present. Sign up to be inspired by these holy lives at www.lentmadness.org and join us as we learn about and vote for our favourite saints. And as we did for Advent, we'll also be providing a take home, colourable **Lenten calendar** with prayer prompts and ideas for daily observance of the season. So there's lots to help you on the Lenten road this year!

Angela will be on **vacation** from March 11th – 15th.

The next **Coffee Hour** date is April 7th.

Next **8:00 Holy Communion (BCP)** service will be held on Apr. 14th. Our parish office is open Monday – Thursday, 9:00 a.m. – 2:15 p.m.

Looking Ahead: We will be having a **potluck breakfast** on Palm Sunday – March 24th at 8:45 a.m. Join us and bring something to share!

St. John's is responsible for the March **Community Dinner** on Saturday, March 16th. A sign up sheet for the required groceries is at the back of the church. Please help if you can.

Holy Week/Easter Schedule:

Friday, March 23rd – 6:00 p.m. Palm Cross Making (upper hall)

Sunday, March 24th – 8:45 a.m. Palm Sunday Potluck Breakfast
10:00 a.m. Holy Eucharist/Liturgy of the Palms

Tuesday, March 26th – 12:00 noon Holy Eucharist

Wednesday, March 27th – 7:00 p.m. Tenebrae

Thursday, March 28th – 7:00 p.m. Maundy Thursday Holy Eucharist/Stripping of the Altar

Friday, March 29th – 11:00 – 2:00 Self Directed Way of the Cross (upper hall)
11:30 a.m. Liturgy of Good Friday (drama and song)

Sunday, March 31st – 6:15 a.m. Easter Sunrise Service (outside weather permitting/indoors otherwise)
10:00 a.m. Holy Eucharist in Celebration of the Resurrection/Children's Easter Egg Hunt

Our next **parish book club** meeting will be held **Sunday, April 14th** after worship. The book for discussion will be The Salt Path by Raynor Wynn. All are welcome to join us in the parish hall meeting room for the discussion.

Again this year, we are receiving donations of wrapped **Easter eggs** for our children's Egg Hunt on Easter morning. Thank you!

The Town of Truro is running the following two **seniors' programs** at the Douglas St Recreation Centre. All classes will be scheduled between 1:00 – 4:00 p.m., but weekly start time and length will vary based on the activity. Total cost is \$25 (tax incl.) To register, or get more information, please contact Shannon Jarvis by phone (902-893-6093) or by email (sjarvis@truro.ca) or visit:

<https://www.truro.ca/winter-programs.html#SeniorProgramming>

Here is a bit more info about each program:

Crafternoon's - Calling all seniors!! Join us for six sessions of fun-filled afternoons of crafting for all skill levels, where instructors will guide you through our project. Whether you're a seasoned pro or a crafting newbie, there's a seat at the table just for you! Expect laughter and surprises; it's an adventure waiting to happen! Tuesdays March 5, 12, 19, 26, April 2, 9.

Active Aging Adventures - Ready to embark on a journey of movement, joy, and wellbeing? Join our six-week session of seniors try-it classes, where all levels are not only welcome but celebrated! No prior experience needed – just bring your enthusiasm, and we'll provide the rest. Our skilled instructors are here to guide you through a variety of activities designed to boost your strength, flexibility, and overall vitality. Get ready to make new friends and discover the joy of staying active. It's not just a fitness class; it's a celebration of your wellbeing! Thursdays March 7, 14, 21, 28, April 4, 11.



March 10th, 2024 Fourth Sunday in Lent



Rector: Rev'd Lori Ramsey



Wardens: Neil Harris and Hazel Sherren

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