10:00 a.m. – BAS Holy Eucharist Lay Minister: Gordon West

Opening Hymn – Glorious Things of Thee are Spoken

Gathering of the Community Trisagion

Collect of the Day: Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The Proclamation of the Word:

Exodus 17: 1-7 (Bob Vair)

Psalm 95

Romans 5: 1-11 (Dorothy Tay)

Gradual Hymn - By the Well a Thirsty Woman

Gospel: John 4: 5-42 (David Torraville)

Homily – Rev. Lori

The Apostles Creed

The Prayers of the People

Confession and Absolution

The Peace

Offering Hymn - Come to the Water

Prayer over the Gifts: Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. **Amen**

Celebration of the Eucharist #3

Sanctus

The Lord's Prayer

Breaking of Bread #7

Lamb of God

The Communion

Communion Hymn – O God Unseen Yet Ever Near Ablution Hymn – Fill My Cup, Lord (Back Seat Boys)

Prayer after Communion

Doxology

Blessing

Children's Hymn - One More Step

Closing Hymn - Thy Hand O God, Has Guided

Dismissal

May the Lord

Chancel Guild: Prue Hansen, Diane MacLeod, Judy Rose, Joan

MacDonald

Greeters: Bob & Carol Adams, Neil Harris, Robin Phillips

In lieu of **Altar Flowers**, a donation has been made to the glory of God and in loving memory of son, Scott, from Fave and Doug Kennedy.

ANNOUNCEMENTS:

Tuesday, Mar. 14th – 12:15 p.m. Noontime Prayer (Chancel)

7:00 p.m. Property Committee

Wednesday, Mar. 15th – 6:30 p.m. Choir

Thursday, Mar. 16th - 7:00 p.m. Evensong & Lent Program (Chancel)

Friday, Mar. 17th – 10:00 a.m. Meditation

11:00 a.m. Lectionary Bible Study

Saturday, Mar. 18th – 3:00 – 5:00 p.m. Community Dinner

Next Sunday, March 19th - Fourth Sunday of Lent

10:00 a.m. Holy Eucharist BAS

Angela will be on **vacation** March 12th – March 19th.

Bookworms and Church Mice will meet next on Sunday, March 19th in the parlour after worship. The book for discussion is <u>The Secret Life of Sunflowers</u> by Marta Molnar. All are welcome to read along and join us in the discussion.

<u>Covid precautions</u>: At its February meeting, your parish council decided to lift the ban on passing the offering plate. We are also removing the markings on the aisle floor. Masking is still something you may wish to do, but it is not required. Please use sensitivity to the needs of others when making that decision. Until at least spring, we will continue with a hands free gesture of peace and reception of the Eucharist by a drop of wine upon the wafer.

Our **mitten tree** is up for the season. We appreciate your donations of hand knitted or purchased mittens, hats and scarves for local schools.

On behalf of the Chancel Guild we wish to express our sincere thanks for all contributions received for our "Baby Needs Drive" for February. We also would like to thank Linda Pratt, Lynn Rawlinson and Carol Adams who are members of Chancel who offered to help with the project. This year we collected 130 lbs. of food, clothing, diapers, etc. and the cutest little mittens that were knitted by one of our church members. A big thanks to you all! - Maria and Prue



Lent Series: Our Lenten series this year is called "Ask." From the intro: A lot of times, when people encounter a big question in their life of faith, it can feel isolating. Forbidden, even. Do-not-go-there territory. But what if faith requires us to ask questions? What if we need questions to survive and grow as a community of faith? You want to go there, don't you? You want to believe dialogue with God, relationship with God, requires questions. Well, guess what? You're in good company. "Ask" is a Lenten series for anyone who's ever had a question about their faith. There are three ways to be involved in "Ask."

- 1. Sign up for our **emailed daily devotions**. Every morning you will receive a short devotion with a question to ponder for the day straight to your in-box. Email Rev. Lori at llramseyis@gmail.com to sign up.
- 2. Join us on Thursday evenings at 7:00 p.m. in the chancel for weekday **Evening Prayer** with a discussion time. We'll ponder one of the big questions raised by the past Sunday's gospel each week. All are welcome.
- 3. Think about your faith questions and place them in our **Question Jar**. We'll attempt to answer one randomly drawn question every Sunday after the morning announcements. (Remember that some questions aren't meant to have answers!) Rev Lori will also spend ½ hour each Sunday after the worship for an informal time to talk about the questions raised for us during the week.

Other Lenten Disciplines: We still have <u>Lent 2.0 bags</u> to give away – one per household, please. These bags contain an object and a series of prompts and questions for each Sunday in the Lenten season. We hope they will help your Lenten reflections.

Lent Madness: Again this year, we will be sponsoring **Lent Madness** in the parish. This fun and simple Lenten Devotion pits saints against each other head-to-head in a race to see who will win the Golden Halo. You can sign up to have Lent Madness in your inbox each morning by going to www.lentmadness.org and entering your email in the subscribe box. Then enjoy the learning each day and check out other parishioners' votes. Track our progress toward the Halo on the church Lent Madness poster. And have some holy fun!

Sunday School: We are planning to have Sunday School every second week for the winter months, except where Holiday or March Break interrupts the schedule. Sunday School will take place next on **March 26**th.

Food Table: Your Pastoral Ministry Committee is experimenting with a food table at the monthly community dinners. This would be a free table from which people could choose food to take home with them. We plan to begin providing this table at the March Community Dinner, for which St. John's is responsible. We're asking if you could pick up some food when you grocery shop, drop it in the bin provided at the back of the church, and we'll take care of the rest. Some suggested items are: peanut butter, pasta, granola bars, soup, beans, cereal, rice, fruit cups, toiletries, and sanitary supplies. Thank you!

St. John's is responsible for the **March Community Dinner** on March 18th. A list of the required foods and volunteers is posted at the back of the church today. We appreciate any help you can provide!

EASTER LILIES/MEMORIALS: Those wishing to place Easter lilies in the church or make a monetary memorial donation for Easter Sunday, please have your dedication in to the office (902-897-0566) by **Tuesday, April 5**th for inclusion in the bulletin. Easter lilies should be delivered to the church at **10:00 a.m.** on **Saturday, April 8**th.

Looking Ahead (mark your calendars):

Sunday, April 30th – Sung Evening Prayer by our choir.

Saturday, May 13th – Spring Retreat at Whispering Spirits in Hodson – **NOTE CHANGE IN DATE!!!**

Holy Week and Easter Schedule:

Friday, March 31st – Palm Cross Making 6:00 p.m. (upper hall)

Tuesday, April 4th – Holy Eucharist 12:00 noon

Wednesday, April 5th – Tenebrae 7:00 p.m.

Thursday, April 6^{th} – 7:00 p.m. Holy Eucharist, Foot Washing and Stripping of the Altar

Good Friday, April 7th – 11:00 – 2:00 Indoor Way of the Cross (upper hall) 11:30 a.m. Good Friday Liturgy

Easter Sunday, April 9th – 6:15 a.m. Sunrise Service 10:00 a.m. Easter Eucharist

Once again we will hold a children's **Easter Egg hunt** at the 10:00 a.m. service on Easter day. Donations of wrapped eggs would be appreciated.

Turkey/Syria Earthquake Relief – PWRDF is accepting donations in the usual ways to augment an initial \$34,000 grant to ACT (Action by Churches Together) workers on the ground in the affected zone. You can donate online at pwrdf.org, by calling 1-866-308-7973 (leave a message and they will return your call) or by mail at PWRDF 80 Hayden Street 3rd Floor Toronto, ON M4Y 3G2. If donating by cheque please indicate Syrian Earthquake in the memo field.



Third Sunday in Lent March 12th, 2023



Rector: Rev'd Lori Ramsey

Wardens: Elaine MacInnis and Neil Harris

PLEASE TAKE THIS LEAFLET HOME FOR FUTURE REFERENCE